RESOURCES

EMERGENCY	911
NAVAJO NATION	(505) 786-2050
CROWNPOINT POLICE	(505) 786-2051
CHINLE POLICE	(928) 674-2111 (928) 674-2112
DILKON POLICE	(928) 657-8075
KAYENTA POLICE	(928) 697-5600
SHIPROCK POLICE	(505) 368-1350 (505) 368-1351
TUBA CITY POLICE	(928) 283-3111 (928) 283-3112
WINDOW ROCK POLICE	(928) 871-6111 (928) 871-6112
NORTHERN TREE HOUSE SHELTER, SHIPROCK, NM	(505) 368-1157
BATTERED FAMILIES, GALLUP, NM	(505) 722-7483
FAMILY CRISIS CENTER, FARMINGTON, NM	(505) 564-9192
TOHDENASSHI, KAYENTA	(928) 697-8591
ALICE'S PLACE WINSLOW, AZ	(928) 289-3003
ROBERTA'S PLACE GRANTS, NM	(505) 287-7724
NORTHWEST SEXUAL ASSAULT SERVICES FARMINGTON, NM GALLUP, NM	(505) 325-2805 (505) 399-5940
NORTHLAND FAMILY HELP CENTER, FLAGSTAFF AZ	(928) 527-1900 (877) 634-2725
UTAH NAVAJO HEALTH SYSTEM CRISIS NUMBER	(435) 678-0249
VICTIM SERVICES OF NORTHERN ARIZONA	(928) 856-7676

MISSION STATEMENT

Intervention and Prevention Services will provide all victims within the Navajo Nation culturally holistic advocacy, supportive services, prevention education, and a safe shelter for immediate safety that will promote healing. All services will be provided in a supporting, safe and healing environment that will foster the ability to self-advocate with confidence.

FAMILY HARMONY PROGRAM

CROWNPOINT, NM	(505) 786-2237
FORT DEFIANCE, AZ	(928) 871-7978
SHIPROCK, NM	(505) 368-1157
DILKON, AZ	(928) 657-8030
WINDOW ROCK (ADMIN)	(928) 871-6556

DEPARTMENT OF FAMILY SERVICES
2296 ADMINISTRATION BUILDING #2
PO BOX 2547
WINDOW ROCK, AZ 86515
WEBSITE: WWW.NDCFS.ORG

STRONGHEARTS
Native Helpline

STRONGHEARTS HELPLINE
1-844-7NATIVE (762-8483)

NATIONAL DOMESTIC VIOLENCE HOTLINE
CALL: 1-800-799-SAFE (7233)
TEXT "START" TO 88788

NATIONAL SEXUAL ASSAULT HOTLINE
CALL: 1-800-656-HOPE (4673)
TEXT "HOPE" TO 64673

NAVAJO DIVISION FOR CHILDREN AND FAMILIES

FAMILY HARMONY Program

DEPARTMENT OF FAMILY SERVICES

What do Community Involvement Specialists do?

Community outreach, collaboration meetings, and prevention education. These include use of traditional and Western teachings.

Presentations include:

- Domestic Violence (DV)
- DV Effects on Children
- Human Trafficking
- Sexual Assault
- Dating Violence

Victim & Witness Advocacy Services

- Crisis intervention
- Emotional support
- Shelter placement
- Safety plan
- Court support/court accompaniment
- Navigation through criminal justice system
- Assistance with protection order and process
- Victims' compensation
- Information on victimization
- Transport services
- Resources and referrals

Safety Planning

- Know your escape plan.
- Keep protection order on hand.
- Let family members know where you are.
- Keep personal documents in a safe place.
- Develop a code with a trusted individual.
- Keep emergency numbers on hand.
- Share safety plan with children.

What is Domestic Violence?

Domestic violence is verbal, physical, sexual, emotional, psychological, economic, and spiritual abuse that is controlling, threatening or violent against a spouse, partner or domestic partner.

Indicators

- Threatens to kill you, relatives, or pets.
- Destroys your property.
- Calls you names or puts you down.
- Pushes you, slaps you, strangles you, hits you, and/or kicks you.
- Keeps you from seeing or talking to family or friends.

What is Sexual Assault?

Sexual assault is any type of sexual contact without consent regardless of gender or marital status.

- Without consent, NO MEANS NO!
- Attempted rape/sexual assault
- Fondling/unwanted sexual touching
- Forcing/performing sexual acts such as oral sex or penetrating onto victim's body without permission.
- Threatens a victim to comply.

YOU ARE NOT ALONE!
YOU HAVE THE RIGHT TO FEEL SAFE!
NO ONE DESERVES TO BE THREATENED OR BEATEN!

"DOODA!"

DOMESTIC VIOLENCE & SEXUAL ASSAULT

What is Human Trafficking?

Human trafficking is modern-day slavery and involves the use of force, fraud, or coercion to obtain some type of labor or commercial sex act.

Human trafficking is a hidden crime as victims rarely come forward to seek help because of language barriers, fear of the traffickers, and/or fear of law enforcement.

Recognizing key indicators of human trafficking is the first step in identifying victims and can help save a life.

If you suspect something is wrong, ask yourself these questions:

- Are there bruises or other signs of physical abuse?
- Are there signs of psychological abuse?
- Is the person submissive or fearful?
- If the person being controlled?
- Is the person being deprived of food, water, sleep, medical care, or other life necessities?
- Is the person allowed to be in public alone?
- Can the person freely contact friends or family?

If you answered "yes" to any of the above questions, call your local Family Harmony Program, Navajo Nation Police Department, or the National Human Trafficking Hotline.

NATIONAL HUMAN TRAFFICKING HOTLINE

CALL: 1-888-373-7888

TEXT: 23773