



It's never too early to learn about dating in the Navajo modern world.

To parents: Teach your children early about the Navajo clan system.

[Navajo clans and marriage choices \(navajopeople.org\)](http://navajopeople.org)

<https://dictionary.nihizaad.com/list-of-navajo-clans/>

Inquire your relatives the clan system they are aware of to help you learn your clans.



NEXT STEPS WHAT'S AFTER TEEN DATING?

Marriage. Do you know how to build a home? Do you know where to build your home? Are you financially stable? Are you both going to work and or going to school to get a college education?

When we become parents, do we know the dos and don'ts to childbearing as a father & as a mother? What is child rearing in Navajo culture? If you do not know the answers to these questions, please ask your uncles. Ask your parents. Ask your grandparents. Ask someone you trust. It starts with you!

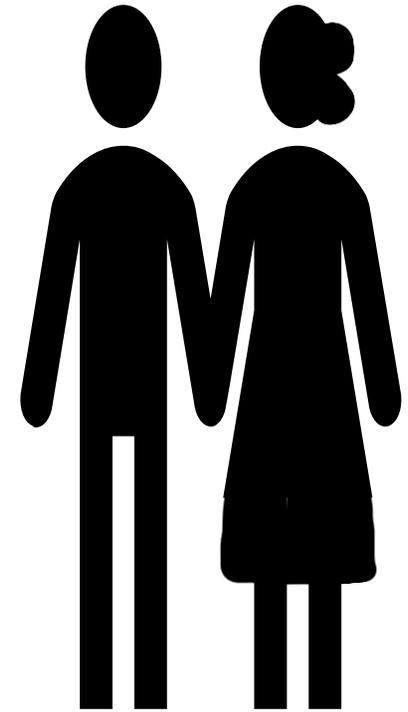


...if you need to speak with someone, please contact us at:

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The views and resource provided in this brochure are not necessarily of NTCCF. Thank you.



NAVAJO DATING?



IN MODERN NAVAJO CULTURE

What is life?

Navajo belief is in the duality of mankind. Male and female is the only way life happens.

Life represents the west direction.

Life begins when a young couple not related gets married first and then start to think about having children.

Teen Dating in the Navajo Society

Dating is more common today than arranged marriages, which was practiced but has diminished over time. Here are some steps to abide by with teen dating in the Navajo society. Make sure your parents are aware of the person you are dating. Don't be shy, let them know who you are dating. Your parents will start to be suspicious if they notice a change in your behavior. Sneaking around and hiding things is not the best way to have a relationship. Be honest.

K'é is the Navajo Clan system. There are 4 blood types in you. Your mother's clan. Your father's clan. Your maternal father's clan and last is your paternal father's clan. Remember that each clan has subgroups.

Make sure he or she is not related to you. Please refer to the Navajo clan system. This can be located on the world wide web. Understanding and respecting the Navajo clan system helps minimize future complications with your relationship.

Message brought to you by: Navajo Treatment Center for Children and Their Families (NTCCF)



Healthy Relationship include:

- Understanding the Navajo clan system is a matriarchal lineage.
- Having respect for yourself.
- Controlling your emotions.
- Relationships should be interdependent.
- Learning/Education comes first.
- Having a sense of positive values.

