Guiding Principals

- All emotional, physical and sexual abuse of children are not acceptable.
- Every child has the right to a safe and secure environment.
- Every child should be treated with dignity and respect.
- Children have the right to a continuum of care that promotes their growth and fosters self-acceptance.
- All individuals are entitled to receive professional and ethical services that are culturally appropriate.
- The values of K'e (Kinship) is incorporated to strengthen and empower Navajo children and families.
- Best practices and standards of care will be utilized with unconditional positive regard.
- Child abuse education and prevention are a shared responsibility.

NTCCF OFFICE & CONTACT INFORMATION

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ARIZONA OFFICES

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Crownpoint Office
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Phone: (505) 786-2420

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PO Box 4001 Shiprock, NM 87420
Phone: (505) 368-1191

QR Code

www.ndcfs.org

Navajo Division for Children and Family Services

Navajo Treatment Center for Children & Families

Outpatient Mental Health Services

Vision Statement

Every child has the right to grow in a healthy environment free from harm and abuse.

Mission Statement

To provide treatment services to Native American children in a therapeutic environment that is safe, secure, and confidential.

Philosophy

Envisioning and Learning: We believe that all children are sacred and require nurturing family relationships to thrive, grounded in integrity and cultural values.

Mental Health Topics

- Child abuse, neglect & abandonment
- Anger Management
- Depression & Anxiety
- Domestic Violence
- Divorce/Separation
- Parent-Child Relational Problems
- School Behavioral issues
- Sexualize behaviors
- Nightmares/Bed Wetting
- Suicide Ideation, Self-harm (i.e., cutting)
- Substance Use
- Bullying
- Positive Navajo parenting & role modeling
- Navajo life span milestone & development

Program Overview

- All treatment services are offered free of charge and are voluntary, contingent upon informed consent and confidentiality.
- NTCCF extends mental health services to all Native American children and adults.
- Treatment and counseling services are available for children and families affected by trauma.
- NTCCF provides trauma focused Western treatment modalities and Navajo base services to children and families.
- NTCCF provides traditional and cultural presentations, teachings, prevention information, and awareness to local schools and to Navajo Nation programs.
- NTCCF provides parenting information to families.
- NTCCF attends CPT and MDT meetings with local partners.
- Administrative, clinical support and quality assurance are available for staff.

Program Goal

NTCCF is committed to delivering trauma-informed care to clients while actively pursuing enhanced competency in modalities aligned with best practices for staff development.

Types of Services

Outpatient Services

- *Individual Therapy*

One-on-one sessions designed to promote personal growth and enhance mental health.

- *Family Therapy*

Involving clients along with parents, siblings, and other household members to cultivate positive family dynamics.

- *Outpatient Group Therapy*

Facilitating collaborative sessions for three or more individuals within a group setting.

- *Navajo Traditional & Cultural Education and Services*

Offering culturally relevant education and practices to support individuals and families.

- *Aftercare Outpatient Services*

Providing support following discharge from residential or outpatient treatment to ensure ongoing care and recovery.

- *Individuals requiring intensive therapy*

services will be referred to appropriate external resources.

Consultation

Case consultations and staffing are conducted with clients, guardians, and partners to facilitate care coordination services. A release of information is required for this process.

Prevention and Community Education

NTCCF provides program information, prevention, and educational resources related to mental and behavioral health topics for local communities and organizations.